

# Juniata Valley Tri-County MH/MR Program Housing Assessment Tool

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An individual has a right to obtain housing of their choice that is safe, decent and within their means. Housing support services should match an individual's needs and should function so that the person can thrive in the housing venue that they choose. This assessment is designed to gain an understanding of your current housing, assess your desire for housing change, assess your current strengths and needs, and help you develop a housing plan should you choose to move or work on a housing-related goal.

Along with this assessment, you will be provided with lists of community housing options and supportive services that are available in the Tri-County Area. The individual completing the survey with you can assist in explaining this information.

## I. Current Housing

1. Where do you currently live?

- Own home
- Private rental
- Public Housing/Sec. 8
- CRR
- Co-op
- Fairweather Lodge
- Group home/boarding house
  - Dom Care
  - Personal Care Home
  - Other:

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- Halfway House
  - Homeless
    - Shelter
    - Transitional housing
    - Unsheltered (car, tent, street, etc.)
  - Jail
  - Live with family or friends
  - Rent room (hotel, motel)
  - State Hospital
  - Other
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2. Is this temporary housing?

- Yes     No

3. How long have you lived here?

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4. Where did you live last? (refer to choices in question #1)

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5. Likes and dislikes about current housing:

Independence

- Like     Dislike

Location/Neighborhood

- Like     Dislike

Size/Space

- Like     Dislike

Cost

- Like     Dislike

Transportation

- Like     Dislike     N/A

Household members

- Like     Dislike

Condition of home

- Like     Dislike

Comments:

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6. Would you like to move?

- Yes     No

## II. Preferences

1. Which would you prefer?

Own     Rent     Share

In what type of setting?

City     Rural     Suburb

Comments:

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2. Would you like to live with other people?

Yes     No

If so, who?

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3. What (if any) supportive services would you choose to help obtain/maintain your preferred housing?

Supportive Living Program

Certified Peer Specialist

Psychiatric Rehabilitation

Case Management

Drug and Alcohol Recovery Services

Social Rehabilitation (Drop-in Centers)

Other: Home Nursing and/or any other personal/medical care

4. Would you need assistance in any of the following areas?

Cleaning     Clothing

Food     Employment

Home repairs and maintenance

Money management/budgeting

Social networking/Skill building

## III. Financial

1. Monthly income and source:

Work \_\_\_\_\_

Pension \_\_\_\_\_

Unemployment \_\_\_\_\_

SSI/SSDI (circle): \_\_\_\_\_

Cash Assistance \_\_\_\_\_

Other: \_\_\_\_\_

2. Monthly rent, mortgage or rate (current monthly housing costs):

\_\_\_\_\_

3. Other monthly expenses:

Loan payments \_\_\_\_\_

Bills for services \_\_\_\_\_

Credit Cards \_\_\_\_\_

Child Support \_\_\_\_\_

Insurances \_\_\_\_\_

Recreation/Other \_\_\_\_\_

4. Percentage of income available for housing: \_\_\_\_\_

5. Do you know your credit score?

Yes     No

## IV. Demographics

1. Are you willing to undergo a criminal background check to obtain housing?  Yes     No

Comments:

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2. Are you a U.S. Military Veteran?

Yes     No

# Juniata Valley Tri-County MH/MR Program

## Housing and Recovery Oriented Service Options

(Housing Assessment Tool Attachment)

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### Examples of Housing Options

Independent Living: Living in your own house or apartment using mental health support services as needed.

Shared Housing: Living with someone else, either a group of 4 - 6 people (group model) or with one other person (match up model). Each person has a private bedroom and shares common areas with the other residents.

Fairweather Lodge: A peer-shared housing arrangement with a focus on employment. Lodges goal is to provide employment to its members through the operation of a lodge-based business. Members share responsibility for the home and business. Typically, 4 – 8 people reside in lodges and there is no on-site staff.

Home Ownership: This means that you purchase your own home and pay a mortgage. You are also responsible for all repairs and maintenance of the home. Community mental health supports continue to be available as needed.

Housing Cooperative: A form of home ownership where you become a part owner in the home. You will sign a Occupancy Agreement, which is similar to a lease, which specifies the co-op's rules. You and all the other members of the co-op would be responsible for all financial and household decisions.

### Recovery Oriented Service Options

Supported Living Program: Additional services beyond case management and traditional mental health services that assist in enabling an individual to successfully maintain themselves in the community. Will work with you to develop the skills you need to obtain and maintain a home.

Psychiatric Rehabilitation: A site-based program that works with you to develop the skills to live as independently as possible in the environment of your choice.

Blended Case Management: This service can help link you to services and supports either inside or outside of the mental health system. They can also help monitor the delivery of those services by providing advocacy and support. A person can be seen at two different levels (frequencies of contact) depending on their needs without switching case managers.

Peer Specialist: Known in HMJ as Individual Recovery Support Services (IRSS), is provided by individuals who also have a history of receiving mental health services. This person can teach self-advocacy skills, help solve problems, and help connect you with local groups and activities.

Clubhouse: An site-based rehabilitation program that focuses on employment. Clubhouse offers skill training in several in-house units such as clerical, culinary, janitorial and thrift shop. Transitional Employment Placements (TEP) are 6-9 month trial work periods within community businesses meant to prepare individuals for competitive work. Attend as little or as often as you wish.

Social Rehabilitation (Drop-In Centers): Peer operated independent businesses that specialize in social networking and skill building. Many centers offer educational and hobbyist opportunities as well as field trips and outings. Come and go as you please.