

Handout 3-5

Small Group Exercise

Developing Recovery-Oriented Services for

Cheslycmerc County

In Cheswlycmerc County, the Work Group identified the following four priority populations:

- 1) **Criminal Justice Re-Entry**
- 2) **Transition Age Youth**
- 3) **Older Adults Transitioning from the State Hospital**
- 4) **Homeless Individuals**

Using the worksheets provided, for each population group:

- Determine which of the strategies (from the Housing Work Plan Objectives) is most appropriate.
- Review the eligible sources for supportive services for that population and recognizing that resources are limited, determine which one/s you would recommend using

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Target Population 1: Criminal Justice Re-Entry

The Cheslycmere County Jail has identified 35 individuals with mental illness who have returned to jail at least 6 times in the past 2 years. They are also frequent users of the emergency shelters, emergency rooms, detox programs, and crisis mental health services when they are not incarcerated. Although some crisis beds are available upon release from jail, they are unable to find good affordable transitional or permanent housing opportunities for these individuals.

1. Housing Model (Check the one/s you will use to address this population)

- Safe Haven (Transitional or Permanent)
- Halfway House
- Recovery House
- Site-based Rental Apartment
- Scattered Site Rental Apartment
- Home Ownership
- Fairweather Lodge/Shared Housing
- Other Permanent Supportive Housing _____

2. Recovery-Oriented Support Services (Determine which services are needed to support individuals in the housing model selected)

- Housing Support (Integrated Approach)
- Housing Support (Team Approach)
- Crisis Intervention/Mobile Crisis
- Crisis Residential Services
- Assertive Community Treatment
- Community Treatment Team
- Psychiatric Rehab/Mobile Psych rehab
- Clubhouse
- Mobile Nursing
- Mobile Medication Management
- Intensive Case Management
- Targeted Case Management
- Resource Coordination
- Peer Support Services
- Social Rehabilitation
- Drop-In Center

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- Program Management/Clearinghouse
- Housing Contingency Fund

3. Eligible Funding Sources: (Review to see which are eligible and then determine which ones you will pursue)

- County CDBG
- County Housing Trust Fund

Homeless Housing:

- SHP – Permanent Supportive Housing
- SHP – Safe Haven(dev, operations, leasing, services)

Mental Health:

- CHIPP
- Reinvestment Funds
- County Base Funding
- CRRS Conversion

Other: _____

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Target Population 2: Transition Age Youth: The Cheslycmere County Office of Children and Youth and the Cheslycmere County Office of MH/MR have agreed to collaborate on developing housing options for transition age youth, ages 18 to 24 who have been served by both systems. They estimate that there are 10 youth annually who are emancipated from the child welfare system who need age-appropriate housing opportunities.

1. Housing Model (Check the one/s you will use to address this population)

- Safe Haven (Transitional or Permanent)
- Site-based Rental Apartment
- Scattered Site Rental Apartment
- Fairweather Lodge/Shared Housing
- Other Permanent Supportive Housing _____

2. Recovery-Oriented Support Services (Determine which services are needed to support individuals in the housing model selected)

- Housing Support (Integrated Approach)
- Housing Support (Team Approach)
- Crisis Intervention/Mobile Crisis
- Crisis Residential Services
- Assertive Community Treatment
- Community Treatment Team
- Psychiatric Rehab/Mobile Psych rehab
- Clubhouse
- Mobile Nursing
- Mobile Medication Management
- Intensive Case Management
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3. Eligible Funding Sources: (Review to see which are eligible and then determine which ones you will pursue)

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Mental Health:

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Target Population 3: Older Adults Transitioning from the State Hospital:

The Service Area Planning Team has identified 15 individuals who are over 60 and have been living in the State Hospital for at least 7 years. They have some medical problems, but do not need nursing home care and could live independently with the appropriate housing and services.

1. Housing Model (Check the one/s you will use to address this population)

- Safe Haven (Transitional or Permanent)
- Site-based Rental Apartment
- Scattered Site Rental Apartment
- Home Ownership
- Fairweather Lodge/Shared Housing
- Other Permanent Supportive Housing _____

2. Recovery-Oriented Support Services (Determine which services are needed to support individuals in the housing model selected)

- Housing Support (Integrated Approach)
- Housing Support (Team Approach)
- Crisis Intervention/Mobile Crisis
- Crisis Residential Services
- Assertive Community Treatment
- Community Treatment Team
- Psychiatric Rehab/Mobile Psych rehab
- Clubhouse
- Mobile Nursing
- Mobile Medication Management
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Mental Health:

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Target Population 4: Homeless Individuals: The 2007 Point in Time count of the homeless revealed that there are 12 homeless single individuals with serious mental illness. Since there are very few shelter beds in Cheslycmere County, most move between family, unheated trailers, the bridge along the river, and inexpensive hotel rooms. On the night of the count, 6 were found in an encampment under a bridge and 6 were in shelters.

1. Housing Model (Check the one/s you will use to address this population)

- Safe Haven (Transitional or Permanent)
- Transitional Housing
- Site-based Rental Apartment
- Scattered Site Rental Apartment
- Home Ownership
- Fairweather Lodge/Shared Housing
- Other _____

2. Recovery-Oriented Support Services (Determine which services are needed to support individuals in the housing model selected)

- Housing Support (Integrated Approach)
- Housing Support (Team Approach)
- Crisis Intervention/Mobile Crisis
- Crisis Residential Services
- Assertive Community Treatment
- Community Treatment Team
- Psychiatric Rehab/Mobile Psych rehab
- Clubhouse
- Mobile Nursing
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3. Eligible Funding Sources: (Review to see which are eligible and then determine which ones you will pursue)

- County CDBG
- County Housing Trust Fund

Homeless Housing:

- SHP – Permanent Supportive Housing
- SHP – Safe Haven(dev, operations, leasing, services)

Mental Health:

- CHIPP
- Reinvestment Funds
- County Base Funding
- CRRS Conversion

Other: _____