

## **Cumberland and Perry Counties**

### **Our Vision**

All people with mental illness will live and participate fully as valued, integrated members of our communities with the choices, responsibilities, dignity, respect, and opportunities afforded all citizens.

### **Our Mission**

Cumberland/Perry Counties Mental Health (C/P MH) program's mission is to support each individual's recovery as a whole person and understand the value of relationships through:

- embracing hope, wellness, and the principles of the Community Support Program;
- encouraging and empowering consumer voice, responsibility, and leadership;
- building on and valuing individual strengths and capabilities while increasing resiliency to cope with day-to-day life;
- supporting the value of interdependence and the caring relationships of family;
- providing programming in safe, caring and culturally competent environments with the highest quality and efficiency possible;
- promoting increased access, mutual support, community integration and consumer choice; and
- providing and supporting education for all stakeholders to strengthen relationships.

### **Our Goal**

The C/P MH program strives to offer supports that foster overall wellness and give people opportunities to have healthy community connections and achieve fulfilling lives.

This statement was developed several years ago through CSP and was reviewed this year by several groups comprised of adults, older adults, family members, transition age youth, provider agency staff, and County Program Office Staff who worked collaboratively to identify the purpose for which we provide services and supports. As part of the CSP MH Planning process, the Vision and Mission statements and goal were discussed with the listed stakeholder groups whose recommendation was to not make any changes from the previous year's statements. All participants felt that these statements were fully reflective of the Vision and Mission of Recovery within our counties.